

### *In honor of Breast Cancer Awareness*



*Rev. Sandra Cassidy*



*Sis. Vera McDowell*



*Sis. Vivian Breedon*



*Sis. Mary Cole-Greenlee*

### *Breast Cancer Awareness*

Breast Cancer is a cancer that forms in the cells of the breasts. Breast cancer can occur in women and rarely in men. Symptoms of breast cancer include a lump in the breast, bloody discharge from the nipple, and changes in the shape or texture of the nipple or breast. Treatment depends on the stage of cancer. It may consist of chemotherapy, radiation, and surgery. Mammograms are the best way to find breast cancer early, when it is easier to treat and before it is big enough to feel or cause symptoms.

You can do things to help lower your breast cancer risk.

- Keep a healthy weight and exercise regularly.
- Choose not to drink alcohol, or drink alcohol in moderation.
- If you are taking hormone replacement therapy or birth control pills, ask your doctor about the risks.
- Breastfeed your children, if possible.

Each year in the United States, about 264,000 women get breast cancer and 42,000 women die from the disease. Men also get breast cancer, but it is not very common. About 1 out of every 100 breast cancers diagnosed in the United States is found in a man.

### *Calendar 2025*

We are preparing to send out our 2025 church calendar. If you would like to keep or add your **birthdays, anniversaries or memorials** of you and your loved ones, please be sure to fill out a slip and turn it into the church office on or before November 29, 2024. To help make this calendar the best, we are asking that everyone give \$2.00 **per** birthday, anniversary and memorial.

Also if you would like to purchase a Calendar Ad for your family, business or church ministry to represent one of the twelve months the cost will be \$100.

Thanks in advance for your continued support and consideration.

### **WALKING BY FAITH AND NOT FEELINGS**

*(For we walk by faith, not by sight:) – 2 Corinthians 5:7*

In a season where criticism and attacking one another seems to be the norm, one can easily be offended by a comment, post or conversation. Often when someone is attacked, feelings are hurt, egos are bruised and we either fight or flight. Sadly, when it comes to the church and doing ministry, we tend to walk more by how we feel rather than what God's Word said. We are not aware especially when we feel good because we may give God credit for the feeling and go about our service with fervor and zeal. However, when we are offended, either by word or deed or both, faith is absent and the only thing to move by is how we feel. We either slow down on our service or completely stop. We say things like, "This is my last time I'm doing this" or "It's time for me to do something else". Some of us have the audacity to say that the Lord has called us on a Sabbatical or some spiritual break.

Throughout the Scriptures, those who were counted as faithful had to endure trials, tribulations and temptations. Some of these challenges came from their adversaries while some came from within. What allowed those men and women of the Bible to persevere was reliance on what God said and not how they felt.

When you and I are offended, rather than get and stay in our feelings, let's find refuge in God's Word. Jesus said *"Woe unto the world because of offences! For it must needs be that offences come;"* (Matthew 18:7). This lets us know that attacks will come.

The Apostle Paul wrote to the Corinthians reminding them that when this life on earth comes to an end, we have a house that is heaven, not made with human hands that is eternal. This confidence in knowing this makes the believer recognize that when they are no longer here on earth, that they will be with the Lord. We cannot grasp this truth by our natural senses. It requires faith. The same faith that we walk by rather than our feelings.

Don't be moved by your feelings; only by God's Word.

### **Keeping In Touch**

Hello fellow church members and friends. I would like to encourage anyone who would like to write an article or have some information, or an upcoming event that they would like to be in the newsletter, please email me at [fbcltonnc@gmail.com](mailto:fbcltonnc@gmail.com) or drop it off at the church. In case you would like to submit an article for the upcoming month newsletter, you would need to have it in by the last Wednesday of the month. So if you would like to do an article for the month of November, you would need to turn it in no later than October 31<sup>st</sup>. Thank you and continue to be blessed!

Sincerely,

Kanisha Addison Executive Secretary

# October Birthdays

10/03 Tereal McNair  
 10/05 Elisha Little Jr.  
 10/09 +James Dockery  
 10/12 Tonia Walker  
 10/14 Jessica Wine  
 10/16 Eric Stevens  
 10/17 Stethane Pipkins  
 10/18 Alice McLean Melvin, +Edna Walters  
 10/21 Roland Little  
 10/23 Dezeborah Evans  
 10/26 A. Turner  
 10/27 Sadie Graham  
 10/28 Sheila Bullard

## Upcoming Events

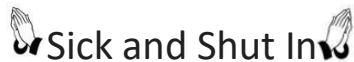
- **Sunday, Oct. 13th** – Pastor and Men will render service at Floyd's Temple #1 at 3:00pm
- **Monday, Oct. 14<sup>th</sup> – Friday, Oct. 18<sup>th</sup>** LRBA Annual Session at the association building 6pm nightly
  - **Sunday, Oct. 20<sup>th</sup> – Breast Cancer Awareness Sunday.**  
Wear your pink!
- **Sunday, Oct. 20th** – Initial Sermon of Sis. Vivian Breeden at 3pm
  - **Sunday, Oct. 27<sup>th</sup>** – Susie Scale Floral anniversary

## Contact Information

Office Hours: Monday-Friday 9:00am - 2:00pm

Website: [www.firstbaptistlumberton.com](http://www.firstbaptistlumberton.com)

Text to give: Text "give" to (910) 407-7393 - Cash App: @fblton



## Sick and Shut In

Sis. Genniffer Howard   Bro. Tony Bridgett   Bro. Willie Hall  
 Sis. Alma Dawson   Sis. Linda Blackmon   Sis. Louise Underwood  
 Sis. Carl McDougald   Bro. Joe Hall   Sis. Mary-Ann Stephens  
 Sis. Ann McCormick   Sis. Judy McCormick Shelby

# October Newsletter

First Baptist Church  
 504 West 2<sup>nd</sup> Street  
 Lumberton NC 28358

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## **Seasoned Spotlight**

*In Honor of Pastor Appreciation Month we are  
 Honoring past and present Pastors!*



Rev. H. C. Jones



Rev. G. W. Todd



Rev. A. L. Mason



Dr. E. B. Turner



Rev. Arthur Foy



Dr. T. R. Murray



Pastor Paul G. Matthews

## A Moment in Black History

**Oct. 4, 1988** - The Martin L. King, Jr. Federal Building is dedicated in Atlanta, Ga. It is the first federal building in the nation to bear the name of the slain civil rights leader.

**Oct. 11, 1963** – Malcolm X gave a speech at the University of California, Berkeley, in which he outlined the philosophy of black nationalism as promoted by the Nation of Islam and declared racial separatism as the best approach to the problems facing black America.

**Oct. 16, 1995** - estimated 850,000 African American men from across the United States gathered at the National Mall in Washington, D.C. This assembly of black men was organized and hosted by the Nation of Islam leader Louis Farrakhan who called for all able-bodied African American men to come to the nation's capital to address the ills of black communities and call for unity and revitalization of African American communities.