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3/04 Christopher McLean

3/05 +Elisha Little Sr., Shanyque Lennon

3/06 Elaine McNair, Delacy Smith, +Elizabeth Matthews

3/07 Lena Thompson, +John W. McMillan

3/09 Hazel Kennedy

3/11 +Rev. Howard Davis Sr.

3/12 Laura Cade

3/14 Jennifer Williams, Barbara Best

3/15 +T. C. Southerland

3/16 Tyronisha McNeill

3/17 Kamiya Brunson, +Lequire Watson Sr.

3/20 +Rev. David Houston

3/22 JaCory Faulk

3/23 Jacolby Thompson, Sorette Oliver

3/24 Khalia Williams, Sylvia Evans, Kaleigh Regan, Charles Cromartie Sr.

3/26 Wixie Stephens, Aaron Savage

3/27 Marian Carmichael, +Joyce Coleman

3/28 + Aggienora McCormick

3/29 Linwood McLean

3/30 Arine Lowery

3/31 William Dudley Sr.

### **Upcoming Events**

- March 8th International Women's Day
  - March 12<sup>th</sup> Daylight Saving Time
- March 19<sup>th</sup> Trustee Anniversary at 10am
- End of the year giving report is now available, please see the secretary Mon.- Friday between 9:00am - 2:00pm

#### **Contact Information**

Office Hours: Monday-Friday 9:00am - 2:00pm Website: www.firstbaptistlumberton.com Conference Call: 435-777-2200 ID #: 739-3939

Text to give: Text "give" to (910) 407-7393 - Cash App: @fbclton

# Sick and Shut In

Sis. Lela Crawford Sis. Melissa Stephens Bro. Willie Hall Bro. Joe Hall Sis. Laura Cade Sis. Shirley Blount Bro. James Dockery Sis. Betty McNeill Sis. Alma Dawson Sis. Linda Blackmon Bro. Tony Bridgett Bro. Kenneth Jenkins

Sis Louise Underwood Bro. Thomas McKee



First Baptist Church 504 West 2<sup>nd</sup> Street Lumberton, N.C. 28358

#### Content Page 1

Seasoned Spotlight

Page 2

A Moment in Black History

**Daylight Savings** Time

Keeping In Touch By Kanisha Addison

Page 3

Staying With God

By Rev. Paul Matthews

Red Cross Month

Page 4

March Birthdays

**Upcoming Events Contact Information** 

Sick &Shut-In

# Seasoned Saint Spotlight

In honor of International Women's Day we shed the spotlight and honor the Women of the Bar in FBC!



Judge T. Diane Surgeon



Attorney Krystle Melvin



Attorney Wanda Jenkins

Page 1

### A Moment in Black History

| March 3, 1820 - Missouri Compromise enacted. The measure prohibited slavery to the north of southern boundary of Missouri.

| March 11, 1956 - Through 12th Manifesto denouncing Supreme Court ruling on segregation in public schools issued by one hundred Southern senators and representatives.

March 27, 1934 - Arthur Mitchell, co-founder, and Artistic Director Emeritus of Dance Theatre of Harlem (DTH), America's first African American ballet company, was born in New York City, New York on March 27, 1934. Under Mitchell's direction, Dance Theatre of Harlem rose to become one of the premier ballet companies in the United States, performing full-length neoclassical ballets, nationally and internationally from 1971 until the company's performing hiatus in 2004.



## **Keeping In Touch**

Hello fellow church members and friends. I hope everyone is staying safe and practicing social distancing. I would like to encourage anyone who would like to write an article or have some information, or an upcoming event that they would like to be in the newsletter, please email me at <a href="mailto:fbcltonnc@gmail.com">fbcltonnc@gmail.com</a> or drop it off at the church. In case you would like to submit an article for the upcoming month newsletter, you would need to have it in by the last Wednesday of the month. So if you would like to do an article for the month of March, you would need to turn it in no later than February 22<sup>nd</sup>. Thank you and continue to be blessed!

Sincerely, Kanisha Addison Executive Secretary

### **Staying With God**

Coming into the 3rd month of 2023, many have either forgotten their plans for the year or given up on them. The passion and drive for "better" has phased out from the many distractions and obstacles we may have faced thus far. Life, like time is indeed filled with swift transitions.

The songwriter reminds us that in order to navigate through life successfully, we must hold to God's unchanging hand. As we continue through this year, here are some suggestions that would keep us in position to hear from God and make a difference:

- 1. Pray Daily From the time you're in the bathroom, getting ready for the day, spend time thanking God for another day and invite Him and His will with you for the day.
- 2. Read His Word Daily Whether it is the Upper Room, Daily Bread or any devotional book, allow that to be your daily read before you head out or when you get to the office so that scripture and reading can be something you can meditate on.
- 3. Listen to a favorite hymn, song or praise Incorporating a song in your heart helps lift up your spirit and gives a great perspective as well as a good soundtrack for your day.
- 4. Pray for others Whether it is your co-workers, church family, the sick and shut-in or whoever crosses your mind, just whisper a prayer for them. This not only relieves you of trying to handle things that God can handle, but it also helps you focus on others. Remember that somebody is praying for you, so in turn, pray for somebody.
- 5. Occasionaly, Spend time fasting This can sometimes seem difficult but start by fasting through breakfast or one meal of the day and spend time in communion with God. This discipline helps us grow spiritually while weakening the flesh.

Keeping your mind, heart and spirit on the things of God helps maintain and grow your spirit man as well as strengthens your relationship with the Father who rewards those that stay with Him.

### **Red Cross Month**

In honor of those that turn compassion into action, Red Cross Month falls in the month of March. The Red Cross Society has been saving lives since the 1800s and is made up of volunteers who offer to help others in times of crisis. The American Red Cross came into being in 1881. Their first congressional charter was received in 1900. According to the statistics, the American Red Cross responds to an emergency every eight minutes. That means that in every 24-hour period, the Red Cross responds to approximately 180 emergencies. The Red Cross needs volunteers now more than ever, so consider donating some time or funds to the cause.